

- ❖ Work with other parents to ensure that the children in your neighborhood are supervised closely on their way to and from school.
- ❖ Watch for symptoms that children may be bullying victims, such as withdrawal, a drop in grades, torn clothes, or needing extra money or supplies.
- ❖ Tell the school or organization immediately if you think your children are bullied. Alerted caregivers can carefully monitor your children's actions and take steps to ensure your children's safety.
- ❖ Don't bully your children yourself, physically or verbally. Use nonphysical, consistently enforced discipline measures as opposed to ridiculing, yelling, or ignoring your children when they misbehave.
- ❖ Help children learn the social skills he or she needs to make friends. A confident, resourceful child who has friends is less likely to be bullied or to bully others.
- ❖ Praise children's kindness toward others. Let children know that kindness is valued.
- ❖ Teach children ways to resolve arguments without violent words or actions.
- ❖ Teach children self-protection skills, how to walk confidently, stay alert to what's going on around them, and to stand up for themselves verbally.

- ❖ Provide opportunities for children to talk about bullying, perhaps when watching a TV together, reading aloud, playing a game, or going to the park or a movie.
- ❖ Recognize that bullies may be acting out feelings of insecurity, anger, or loneliness. If your child is a bully, help get to the root of the problem. Seek out specific strategies you can use at home from a teacher, school counselor, or child psychologist.



*Crime Prevention Tips From:*

**National Crime Prevention Council**  
 2001 Jefferson Davis Highway, Suite 901  
 Arlington, VA 22202

## BULLYING

A Serious  
 Problem  
 For Kids

**Maryland Community  
 Crime Prevention Institute**  
 6852 4th Street  
 Sykesville, MD 21784  
**410-875-3426**



McGruff the Crime Dog® and "Take A Bite Out Of Crime®" are registered trademarks of the National Crime Prevention Council, [www.ncpc.org](http://www.ncpc.org). Arfmann Marketing, LLC is an official licensee of the National Crime Prevention Council, © 2015 Arfmann Marketing, LLC. 888-209-4218

**NATIONAL CRIME PREVENTION COUNCIL**