

- ❖ Deteriorate physically - have difficulty concentrating, loses coordination, or appears unhealthy.
- ❖ Refuses to talk to or be around family.

Why Do People Use Drugs?

Young people say they turn to alcohol and other drugs for one or more of these reasons:

- ❖ To do what their friends are doing.
- ❖ To escape pain in their lives.
- ❖ To fit in.
- ❖ Boredom.
- ❖ For fun.
- ❖ Curiosity.
- ❖ To take risks.

TAKE A STAND!

- ❖ Educate yourself about the facts surrounding alcohol and other drug use. You will lose credibility with your child if your information is not correct.
- ❖ Establish clear family rules against drug use and enforce them consistently.
- ❖ Develop your parenting skills through seminars, networking, with other parents, reading, counseling, and support groups.
- ❖ Work with other parents to set community standards - you don't raise a child alone.

- ❖ Volunteer at schools, youth centers, Boys & Girls Clubs, or other activities in your community.

For More Information

- ❖ State and local government drug use prevention, intervention, and treatment agencies.
- ❖ State and local mental health agencies.
- ❖ State and local law enforcement agencies.
- ❖ Private drug use treatment services listed in the telephone book or on the internet.

Crime Prevention Tips From:

National Crime Prevention Council

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**TALKING WITH
YOUR KIDS**

About
Drugs

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